

Glytrio Blood Sugar and Blood Pressure Log

Blank printable record-keeping template

Name (optional) _____ Period _____ to _____

Glucose unit ☐ mg/dL ☐ mmol/L

Record-keeping only. This blank template does not provide target ranges, diagnose a condition, calculate A1C or insulin, recommend food, medication, doses or treatment changes, or replace advice from a qualified clinician.

Date	Time	Blood sugar	Unit	BP systolic	BP diastolic	Pulse	Notes